

**HUMAN EXCELLENCE INDEX**

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Abstract:

About 8.7 million species are living on this earth, out of which, human being possesses, extreme qualities of intellect and proved his/her excellence in different domain including physical, intellectual, emotional, social, and spiritual domain. Lot of people have accomplished excellence in different domains, and several agencies comprising of committees and forums collectively awarded prizes of excellence at National and International level, including Nobel Prize, acknowledging contributions of individuals in different professional, scientific, technological regime, but so far, there has been no metrics to assess the human excellence of an individual. The gist of Human Excellence as per Vedic Sciences is the integration of Karma Yoga, Bhakti Yoga and Jyana Yoga.

An attempt is made to assess the excellence of individual human being, based on the life studies of great people, especially Padma Vibhushan Sri Dheeru Bhai Ambani Ji. Top qualities of high profile intellectuals as well as Vedic references of Human Excellence were condensed to five parameters viz Courage / Defense Scale, Etiquette Scale, Patience Scale, Service / Technology / Innovation Scale, & Loyalty Scale and a questioner was prepared to assess Human Excellence Index of individuals, and the response of it was taken by way of interviewing individuals. A maximum of 500 individuals were interviewed based on the questioner and took their oral views. The 500 individuals include industrial workers, agricultural labors, shop keepers, house wives, office bearers, students, scientists, artists, professionals of different organizations etc. A negative parameter is also added with 200 points. This paper on human excellence index enunciates about degree of humanity component possessed by an individual in their personal front, by way of score / points obtained.

Key words: Personality assessment, human Excellence assessment, performance, humanity, Yoga, Vedic Sciences

Introduction

There were several definitions given on humanity, by different dictionaries as well as different spiritual books. According to wiki quote, Humanity is a term, which refers to human species, as well as mankind as a whole, or group of attributes which are processed to explain human quality, the human condition, and to refer, human study and culture. According to Oxford University, the definition of humanity is being humane. There have been no specific measures so far, to assess the effectiveness of humanity of human being on personal front. However, lot of work has been done to assess the performance of an individual on a professional front, including human capital¹. As the technological developments are taking place very fast, human being have become selfish, and are embedded chronically in managing self, the need of self awareness towards maintaining harmony and eco-friendly relation is explained by Jamie P. Monat². A model correlating spirituality vs human excellence has been explained with different components by Shamshia Banu Hanefar³, saying spiritual values are the genesis of human excellence.



Currently different standard scores available includes, Cricketers Score, Foot Ballers score, Teacher's Score (Academic Performance Index). This paper describes about evaluation of humans personality, entitling human excellence index, through different parameter

Materials and Methods:

A questioner was prepared to understand the views and expectations of different individuals from all walks of life, in terms of how they rate goodness of human being.

1. How do you rate goodness of human being.
2. How do you measure goodness of human being.
3. How do you endorse a friend or an individual who can be considered as a good human being.
4. What traits you see in good human being
5. How do you classify goodness of human being
6. What qualities, do you think a good person should possess
7. Can you mention case studies of good people and their traits
8. What qualities makes the person as not a good human being
9. How do a good person responds to critical situations
10. What do you think about assessment every individuals goodness component of human being

The above mentioned questioner has been taken as a basis and interviewed 500 individuals from all walks of life, starting from laborer to CEO. The 500 individuals include industrial workers, agricultural labors, shop keepers, house wives, office bearers, students, scientists, artists, professionals of different organizations, executives etc. The oral views by individuals depicts, mostly on the natural needs of human being in a cultured and civilized society. The oral inputs was positively taken, and compiled. Based on the oral inputs given by 500 individuals, five different parameters are considered to study the human excellence of an individual, that is 1. Courage / Defense Scale, 2. Etiquette Scale, 3. Patience Scale, 4. Service / Technology / Innovation Scale, and 5. Loyalty Scale. The parameters were chosen based on the personal and professional needs of human being in a cultured and civilized society. All parameter scales are prepared keeping in view of gist of good living as per Vedic sciences viz. Karma Yoga, Bhakti Yoga and Jnana Yoga. with a maximum points of 200 each. At the end, a negative scale is also prepared for 200 points. Individuals have to prepare, self appraisal; enlist salient accomplishments / anecdotes as per the sub scales/areas mentioned, as well as, Individuals

should also enlist negative areas, of which five sets of documents, including supporting documents to be prepared, and to be submitted to five examiners. Both negative and positive points are to be evaluated by any five intellectuals / examiners, acquainted with individuals / examinees life, ie. 1. Current / former boss, 2. School / institute teachers of individuals, 3. Family members, 4. Friend and 5. Current colleague. All the five examiners will evaluate all five parameters, individually, and the score needs to be compiled by any one of the five examiners. Similarly, list of negative areas is to be evaluated by five examiners and the same procedure to be followed as in case of positive scale. The period of evaluation is taken as seven years, in accordance with Tony Crisp⁴. It is strongly advised that, every individual should get his / her score evaluated, for a period of Seven Years, i.e. during 0-7 years, during 7-14 years, during 14-21 years, during 21-28 years, and so on. The evaluation will drive a good path and scope for individual, to improvise, in-turn makes a good citizen in the society as well as in the whole nation, and also creates positive impact on other individuals directly or indirectly. The documents will serve as an autobiography of an individual, which probably inspires the forth coming generation. Every individual should make a point that, he/she should get his/her score evaluated, at least once, in his/her life time.

1. Courage / Defense Scale

S.No	Responsibility	Points / Score scale	Points / Score obtained
1	General magnitude of courage	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
2	Persuaded problems with courage	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
3	Dreamt and executed commendable project(s)	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
4	Defense to attack by person / friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
5	Defense to attack by blood shared / spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
6	Defense to attack by Boss/Officer	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
7	Defense to attack by stranger(s) / group(s)	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
8	Defense to attack by animals	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
9	Ability of self managing cooking/washing etc	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
10	Defense in Traffic	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
	Total Points / Score	200	Total Score

			obtained =
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Table 1 : Courage / Defense scale of Human Excellence Index

2. Etiquette Scale

S.No	Responsibility	Points / Score scale	Points / Score obtained
1	Personal Receiving / seeing off / greeting commendable gesture to person / friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
2	Personal Receiving / seeing off / greeting commendable gesture to blood shared / spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
3	Personal Receiving / seeing off / greeting commendable gesture to Boss/Officer	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
4	Telephonic / email / message Receiving / responding commendable gesture to person / friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
5	Forgiven Blunder Mistakes of blood shared / relatives	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
6	Forgiven Blunder Mistakes of friends / colleagues	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
7	Punctual gesture	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
8	Attending social gathering / functions / ceremonies	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
9	Felicitating / Regarding/reciprocating the deserved	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
10	Helping others within the arena/premises / society / community/strangers/needy	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
	Total Points / Score	200	Total Score obtained =

Table 2 : Etiquette scale of Human Excellence Index

3. Patience Scale

S.No	Responsibility	Points / Score scale	Points / Score obtained
1	Waited long time to	>10 times=20, >8 times=15, >6 times=10,	

	meet person / friend / blood shared	>4 times=5, >2 times=2	
2	Worked long time to meet professional & personal responsibility	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
3	Waited long time to meet Officers	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
4	Bore the torture by person / friend / colleague	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
5	Bore the torture by blood shared/spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
6	Bore the torture by Officer/boss	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
7	Pacified the conflict by friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
8	Pacified the conflict by blood shared/spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
9	Pacified the conflict by Officer / boss	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
10	Controlled general turbulent situation to soothing situation	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
	Total Points / Score	200	Total Score obtained =

Table 3 : Patience scale of Human Excellence Index

4. Service / Technology/ Innovation Scale

S.No	Responsibility	Points / Score scale	Points / Score obtained
1	Services rendered to friends friend/relatives (uniting separated couple / friends / families)	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
2	Services rendered to relatives of blood shared / spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
3	Services rendered to relatives of Boss/Officer	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
4	Services rendered to stranger	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	

5	Services / Technology used in office	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
6	Technology / innovation used in personal life	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
7	Technology / innovation used in career	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
8	Services rendered to Parents	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
9	Services rendered to Teachers	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
10	Service / Technologies rendered to the society / Nation / Harmony / Spirituality	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
	Total Points / Score	200	Total Score obtained =

Table 4 : Service scale of Human Excellence Index

5. Loyalty Scale

S.No	Responsibility	Points / Score scale	Points / Score obtained
1	Executed task given by person / friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
2	Executed task given by blood shared/spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
3	Executed task given by officer/boss	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
4	Spoke high about person / friend, describing qualities	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
5	Spoke high about blood shared / spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
6	Spoke high about officer / boss	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
7	Saved/minimized time/money/material of person / friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
8	Saved/minimized time/money/material of blood shared/spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
9	Saved/minimized time/money/material of officer/boss	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	

10	Spending time / money / material generously / judiciously	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
	Total Points / Score	200	Total Score obtained =

Table 5 : Loyalty scale of Human Excellence Index

Negative Scale

S.No	Negative Activity	Points /Score scale (All marks are in negative)	Negative Points / Score obtained
1	Criticized the organization /boss	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
2	Instigated person (blood shared / relative / friend) to destroy relation / create negative impression	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
3	Non Executed task given by officer/boss/blood shared/friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
4	Spoke bad about person / colleague / friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
5	Spoke bad about blood shared / spouse / relatives	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
6	Spoke bad about society / Nation	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
7	Un necessarily spent time/money/material of organization	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
8	Un necessarily spent time/money/material of blood shared/spouse	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
9	Mis-guided the organization / blood shared / friend	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
10	Miserly spending money / material / time	>10 times=20, >8 times=15, >6 times=10, >4 times=5, >2 times=2	
	Total points / Score	- 200	Total Score obtained =

Table 6 : Negative scale of Human Excellence Index



Maximum number of total anecdotes/activities including positives (500) and negatives (100) is 600, out of which the examiners can pick up arbitrarily, some documents, submitted by the examinee, then cross verify for authenticity and award the points accordingly.

Gross Total points/score obtained is equal to

- Score obtained in Courage / Defense Scale + Score obtained in Etiquette Scale, + Score obtained in Patience Scale + Score obtained in Service / Technology / Innovation Scale + Score obtained in Loyalty Scale.

Negative total points/score obtained is equal to

- Points / Score obtained in negative scale

Net Total points/score obtained is equal to

Gross total Points/score obtained – points / Score obtained in negative scale.

Results and Discussions

Total points obtained in all five positive parameters ie. Courage / Defense Scale, Etiquette Scale, Patience Scale, Service / Technology / Innovation Scale, & Loyalty Scale, are to be summed to obtain, total gross score, out of which negative score obtained in negative scale to be subtracted, and the actual score obtained will be the net points / score obtained. If any individual acquires more than 750 points is rated to be excellent human being. Similarly, 600-750 points to be very good human being; 500-600 points to be good human being; 400-500 points to be average human being; 400-300 points to be below average to be average human being, and below 300 points to be poor human being.

Conclusions

Human Excellence Index is recommended to be evaluated for a period of seven years, any time after attaining 13 years of age, of an individual. Five parameters which are gist of Human Excellence as per Vedic Sciences viz Courage / Defense Scale, Etiquette Scale, Patience Scale, Service / Technology / Innovation Scale, & Loyalty Scale were chosen in human excellence index, based on the personal / professional needs of human being in cultured and civilized society, especially by studying the life of Padma Vibhushan Sri Dheeru Bhai Ambani ji. A negative scale is also prepared, as a negative parameter. Every individual / examinee should prepare his/her accomplishments/anecdotes and get the score evaluated by set of examiners, any time for a period of seven years, i.e. during 0-7 years, during 7-14 years, during 14-21 years, during 21-28 years, and so on. The evaluation will drive a good path and scope for individual, to improvise, in-turn makes a good citizen in the society as well as in the whole nation/world, and also creates positive impact on other individuals directly or indirectly. Individual should aspire to maintain 750 and above points out of 1000 points, and prove himself/herself to be an excellent human being, which meets the expectations of life as an individual, as well as society and Nation as a whole. The human excellence index will be useful in recruitment of right candidate, and also



helps the individuals to find right life partner. The human excellence index is also expected in judiciary to examine individual's profile, in making critical judgments.

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