

## HUMAN POWER INDEX

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### Abstract

*Ancient man invented wheel, which has been the genesis for development of innovative products for the betterment, ease and comfort of human kind. Ancient man invented External combustion engine, which is called steam engine, furthermore Internal combustion engine and electrical motor was invented. There are metrics and measures to assess the power of afore mentioned prime mover. Human being is considered to be extremely competent in terms of governing the invented machineries as well as further development of advance machineries. There are metrics to measure the power of engines and machines like Break Horse Power or Horse Power, where as there are no metrics to measure the power of human being.*

*In current era of internet, most of the citizens and students are not able to recognize their own power and idling their precious time. If the citizen or the student realizes their own potential, they would concentrate of enriching towards doing productive things. The authors who authored Human Excellence Index, are now sensibly making their effort to discover metrics to assess the Human Power entitled Human Power Index. Human Excellence Index deals with the Humanity Component of an individual, whereas, Human Power Index is the ability of an individual to do work. It is believed that, the metrics will help the students, families, state, nation and other nations to implement in-turn lead peaceful life.*

*Key Words: Power, Horse Power, Human Power, Self development*

### Introduction

There were several definitions given on humanity, by different dictionaries as well as different spiritual books. According to wiki quote, Humanity is a term, which refers to human species, as well as mankind as a whole, or group of attributes which are processed to explain human quality, the human condition, and to refer, human study and culture. According to Oxford University, the definition of humanity is being humane. There have been no specific measures so far, to assess the effectiveness of humanity of human being on personal front. However, lot of work has been done to assess the performance of an individual on a professional front, including human capital<sup>1</sup>. As the technological developments are taking place very fast, human being have become selfish, and are embedded chronically in managing self, the need of self awareness towards maintaining harmony and eco-friendly relation is explained by Jamie P. Monat<sup>2</sup>. A model correlating spirituality vs human excellence has been explained with different components by Shamshia Banu Hanefar<sup>3</sup>, saying spiritual values are the genesis of human excellence. Currently different

standard scores available includes, Cricketers Score, Foot Ballers score, Teacher's Score (Academic Performance Index). The above was described about assessment of Human Excellence in the previous paper. Currently the authors are trying to publish empirical assessment for Human Power Index.

There are metrics to measure the power of a motor, internal combustion engine, external combustion engine as well as other prime movers, where as there are no metrics to assess the power of a human being. Conventionally Horsepower is being used to measure power or the rate at which work is executed, with regards to engines and motors. One horsepower is equals to 745.7 watts. During 18<sup>th</sup> century a Scottish engineer by name James Watt compared the power of horse with steam engine, and was conventionalized. Human kind is so powerful but there are no units so far to assess the power. The authors are trying to discover the units.

### **Materials and Methods:**

Five different parameters are considered to study the human Power of an individual, that is 1. Physical Power, 2. Mental Power, 3. Emotional Power, 4. Social Power, and 5. Spiritual Power. The parameters were chosen based on the guidelines of world health organization of a good and healthy human being. Each parameter is given 200 units. All items are prepared with a maximum point of 200 each. At the end, a negative scale is also prepared for 200 points. Individuals have to prepare, self-

appraisal quite synanymous to curriculum vitae; enlist salient accomplishments / anecdotes as per the sub scales/areas mentioned, as well as, Individuals should also enlist negative areas, of which five sets of documents, including supporting documents to be prepared, and to be submitted to five examiners. Both negative and positive points are to be evaluated by any five intellectuals/examiners, acquainted with individuals/examinees life, ie. 1. Current / former boss, 2. School / institute teachers of individuals, 3. Family members, 4. Friend and 5. Current colleague. All the five examiners will evaluate all five parameters, individually, and the score needs to be compiled by any one of the five examiners. Similarly, list of negative areas is to be evaluated by five examiners and the same procedure to be followed as in case of positive scale. The period of evaluation can be any time.

1. Physical Power:  
Item to be assed : Maximum weight can be lifted
2. Mental Power:  
Item to be assessed: Maximum innovations developed
3. Emotional Power:  
Item to be assessed: Maximum Relations without debts
4. Social Power:  
Item to be assed: Maximum help rendered
5. Emotional Power:  
Items to be assed: Maximum interaction and association with all communities, religions,

sects, groups

Gross Total points/score obtained is equal to

Score obtained in Physical Power + Score obtained in Mental Power, + Score obtained in Emotional Power + Score obtained in Social Power + Score obtained in Spiritual Power.

Negative total points/score obtained is equal to

Points / Score obtained in negative scale

Net Total points/score obtained is equal to

Gross total Points/score obtained – points / Score obtained in negative scale.

### Results and Discussions:

Total points obtained in all five positive parameters ie. Physical Power, Mental Power, Emotional Power, Social Power, and Spiritual power to be summed to obtain, total gross score, out of which negative score obtained in negative scale to be subtracted, and the actual score obtained will be the net points/score obtained. If any individual acquires more than 750 points is rated to be excellent power human being. Similarly, 600-750 points to be very good power human being; 500-600 points to be good power human being; 400-500 points to be average power human being; 400-300 points to be below average to be average power human being, and below 300 points to be poor power human being.

### Conclusions:

Human Power Index is recommended to be evaluated any time in life, starting from teen age to no age limit. Five parameters viz Physical, mental, emotional, social and spiritual were chosen in human Power Index, based on the overall scientific guidelines. A negative scale is also prepared, as a negative parameter. Every individual/examinee should prepare his/her accomplishments/anecdotes and get the score evaluated by set of examiners, any time starting from teen age to no upper age limit. Individual should aspire to maintain 750 and above points out of 1000 points, and prove himself/herself to be an excellent human being, which meets the expectations of life as an individual, as well as society and Nation as a whole. The human Power index will be useful in recruitment of right candidate, and also helps the individuals to find right life partner. The human excellence index is also expected in judiciary to examine individual's profile, in making critical judgments.

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