

A STUDY ON ANTI-HEPATOTOXIC EFFECT OF BAHUINIA TOMENTOSA LINN AGAINST PARACETAMOL

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Abstract

The requirement for a remedy from the natural business is a typical component since compound prompted hepatotoxicity is a significant danger to human existence in the present current world. Indeed, even medications that are not difficult to get hold of and promptly accessible can cause incidental effects when utilized nonsensically. Bauhinia tomentosa Linn is an individual from the fabaceae family and is believed to be one such potential specialist that contains many synthetic mixtures with both remedial and cure properties. In this review, Bauhinia tomentosa Linn was separated utilizing ethyl liquor, and the subsequent ethanolic extricate was tried for its capacity to safeguard pale skinned person mice's livers from Acetaminophen-actuated liver harm. The biochemical appraisal, histo fanatical assessments are filled in as record for the assessment of hepatoprotective development.

Keywords: *Bauhinia tomentosa, Hepatoprotective, Paracetamol toxicity.*

INTRODUCTION

Hepatotoxicity is a significant pharmacological defect caused by the medications has been a significant justification behind the withdrawal and prohibiting of many medications on the lookout. Liver unique organ assume a significant part in the digestion and biotransformation of xenobiotics and food substances that enter the body¹. A lot of passings happen because of sicknesses disturbed by the poisonous activity of helpful substances endorsed by allopathic framework on the liver. This present circumstance warrants us to figure out solutions for hepatotoxicity. Natural cures are protected and compelling in

reclamation process with no or less aftereffects. The tremendous variety of plant realm empowers for home grown research and the restorative properties of many plants are yet to be investigated. Adequacy testing of the conventional/new natural items by exploratory screening technique is a significant apparatus to lay out standard restorative profile. Notwithstanding, there ought to be satisfactory information from in vivo and in vitro examinations to approve the asserted helpful capability of testing substance. A solid model to figure out hepatoprotective viability of natural arrangements is paracetamol prompted hepatotoxicity assessment in pale skinned person mice according to prior writings.

Literature review

Sanjay V. Satpute (2020) Customary home grown medication is a main wellspring of organically dynamic mixtures required for the treatment of human diseases. There are a lot more restorative plant species utilized as fables medication, however not very many endeavors has been made such a long ways to approve those c therapeutic plants is fundamental for more extensive acknowledgment everywhere. Confirmation and logical approval of restorative plant is a principal prerequisite of industry and different associations managing natural medications.

Sandeep B. Subramanya et al (2018) Acetaminophen (APAP), which is

otherwise called paracetamol or N-acetyl-p-aminophenol is a protected and strong medication for fever, torment and irritation when utilized at its generally expected remedial dosages. It is accessible as non-prescription medication and utilized by all the age gatherings. The excess outcomes in intense liver disappointment that frequently requires liver transplantation. Current clinical treatment for APAP-prompted liver poisonousness is the organization of N-acetyl-cysteine (NAC), a sulphhydryl compound a supported medication which acts by renewing cell glutathione (GSH) stores in the liver. Throughout the course of recent many years, a few investigations demonstrate that the security and viability of natural concentrates or plant determined intensifies that are utilized either as monotherapy or as an assistant treatment alongside traditional meds for hepatotoxicity have shown great reactions.

Shabana Parveen et al (2016) Bauhinia variegata is a types of blossoming plant have a place with family Fabaceae, local to South Asia and Southeast Asia, from southern China, Burma, India, Nepal, Pakistan, and Sri Lanka. Normal names are orchid tree, camel's foot tree, kachnar and mountain-coal black. Bauhinia variegata is a generally utilized as restorative plant circulated in the tropical districts. Different part for example blossoms, buds, stem, roots, bark, seeds, leaves have been utilized since old times for the treatment of a great many illnesses. It is utilized generally in looseness of the bowels, the runs, hemorrhoids, heaps, edema, purgative, hostile to helminthic, astringent, against leprotic, wound mending, hostile to goitrogenic, against growth, cure for snake harming, dyspepsia, anidiabetic and carminative illness. The pharmacological

investigations showed that Bauhinia variegata applied anticancer, cell reinforcement, hypolipidemic, antimicrobial, calming, nephroprotective, hepatoprotective, antiulcer, immunomodulating, molluscicidal and wound mending impacts.

F. Yahya et al (2013) While trying to additionally lay out the pharmacological properties of Bauhinia purpurea (Fabaceae), hepatoprotective capability of methanol concentrate of B. purpurea leaves (MEBP) was researched utilizing the paracetamol-(PCM-) actuated liver harmfulness in rodents. Five gatherings of rodents () were utilized and regulated orally once day to day with 10% DMSO (negative control), 200 mg/kg silymarin (positive control), or MEBP (50, 250, and 500 mg/kg) for 7 days, trailed by the hepatotoxicity acceptance utilizing paracetamol (PCM). The blood tests and livers were gathered and exposed to biochemical and microscopical examination. The concentrate was likewise exposed to cancer prevention agent concentrate on utilizing the 2, 2-diphenyl-1-picrylhydrazyl (DPPH) revolutionary rummaging examine with the all out phenolic content not entirely settled. From the histological perception, lymphocyte penetration and stamped rot were seen in PCM-treated gatherings (negative control), while upkeep of the typical hepatic underlying was seen in bunch pretreated with silymarin and MEBP. Hepatotoxic rodents pretreated with silymarin or MEBP displayed huge abatement () in ALT and AST protein level.

Bauhinia

Various scope of bioactive atoms has been confined from plant regular item, making them restoratively significant sources. There has been a restoration of interest in

plant-based prescriptions because of the increment familiarity with the restricted capacity of engineered drug items to control significant sickness and the need to find new sub-atomic designs as the lead builds from different sources, including the plant realm. One of the plants that are presently being scrutinized for its likely pharmacological exercises in our lab is *Bauhinia purpurea* (family Leguminosae). Referred to the Malays as "pokok tapak kerbau," *B. purpurea* leaves have been generally utilized by the Indians to treat stomach growths, ulcers, wounds, glandular swellings, the runs, and fever. Experimentally, *B. purpurea* has been demonstrated to have antidiarrheal action, thyroid invigorating and antihypothyroidism, and larvicidal exercises. Different analysts have likewise announced the pharmacological advantage of *B. purpurea*. For instance, the plant displayed antimicrobial, antinociceptive, mitigating, and antipyretic, antimycobacterial, antimalarial, antifungal, cytotoxic, and calming, hostile to nephrotoxicity, and wound mending exercises. In vitro study has shown that *B. purpurea* has antiproliferative, cancer prevention agent, and antimicrobial exercises, and furthermore has potential as hepatocellular carcinoma inhibitor. Curiously, different investigations have demonstrated that *B. purpurea* leaf has antiulcer movement. We have additionally written about the phytochemical constituents of *B. purpurea*, which demonstrate the presence of flavonoids, triterpenes, tannins, and steroids. Flavonoids, specifically, are polyphenolic compounds, generally disseminated in the plant realm, and showed different pharmacological exercises including hepatoprotective movement. Strangely,

there is a connection between the hepatoprotective action with the calming, antioxidation, and antiproliferative exercises, which has been applied by the leaves of *B. purpurea*.

Paracetamol or Acetaminophen, non-professionally prescribed drug routinely used for the easing of fever and desolations, debilitate liver at destructive piece. Paracetamol is seen as a safeguarded medicine with torment easing and antipyretic activity until it went too far. The hepatotoxicity related with paracetamol is mostly a direct result of outrageous get-together of its destructive metabolite, N-acetyl-p-benzoquinone imine (NAPQI), which oxidizes liver tissue macromolecules like lipid or -SH social occasion of protein causing oxidative strain and hepatic rot. The poisonous portion of paracetamol can cause deadly liver harm, like liver fibrosis and cirrhosis, prompting passing. Hepatotoxic dosages of paracetamol are over 150 mg/kg. Acetaminophen had certainly authentic harmfulness profile. Thus, the hepatotoxicity actuated by paracetamol in mice is viewed as one of the most reliable in vivo models for anticipating the hepatoprotive action of any designated rough concentrate, blended drug moieties, or determined drug moieties.

According to the Indian medical system, *Bauhinia* species were successfully used to prevent and treat a variety of disorders. The yellow bell orchid tree, *Bauhinia tomentosa* Linn, is a member of the Fabaceae family. Tanning, flavonoids, terpenoids, and steroids, among other classes of therapeutic phytochemicals, may be the source of this species' medicinal properties. *Bauhinia* species have been the subject of numerous studies, one of which

looked at paracetamol-induced hepatotoxicity. *Bauhinia tomentosa* Linn utilized for different afflictions including antibacterial, cell reinforcement, antifungal, against disease, mitigating, hypo glycemc and hostile to lipidemic. Therefore, the purpose of this study is to evaluate the hepatoprotective effects of the traditionally well-known *Bauhinia* species, *Bauhinia tomentosa* Linn, in order to expand our understanding of Indian traditional medicine and its long history. in the model of hepatotoxicity caused by paracetamol.

METHODOLOGY:

The leaves of *Bauhinia tomentosa* L. were collected locally from telangana, India. Identification of the plant specimen was done. Botanical Survey of India, Southern Regional Centre, Coimbatore and a voucher specimen (BSI/SRC/5/28/2015-16/Tech/1934) was deposited for future reference. The collected leaves were gently washed with tap water to remove dirt and dried under shade for a period of 2 weeks. Then, they were pulverized into coarse powder by using mortar and pestle.

Chemicals and Reagents: Paracetamol Silymarin and ethanol

Pretreatment of plant material: The air-dried powdered material (100g) was extracted with petroleum ether for seven days to remove fatty material.

Preparation of Plant Extract: After the completion of pre-treatment, the marc was dried and subjected to soxhletion with absolute ethanol (99%) until the colour faded. The obtained extract was concentrated, dried and utilised for experiment.

Acute toxicity studies: Doses were selected and determined according to the acute toxicity test reported previously. The dose of 2 g/kg was well tolerated without

any signs of toxicity and mortality. So we presumed that LD50 was beyond the dose of 2g/kg bw. Two different graded doses 200 mg/kg and 400 mg/kg bw, were selected for test of hepatoprotective activity.

Table: Treatment groupings of the experimental subjects employed in the study

Groups	Treatment
I	Receives (Distilled water) as control for 14 days
II	Receives a daily dose of Paracetamol (3g/ Kg of body weight, p.o) for 14 days (p.o)
III	Receives a daily dose of Paracetamol (3g/ Kg of body weight) and after one hour a daily dosage of Standard Silymarin (100mg/kg) of body weight for 14 days (p.o)
IV	Receives a daily dose of Paracetamol (3g/ Kg of body weight) and one hour a daily dosage of EEFT 200mg / Kg of body weight for 14 days (p.o)
V	Receives a daily dose of Paracetamol (3g/ Kg of body weight) and one hour a daily dosage of EEFT 400mg / Kg of body weight for 14 days (p.o).

At the end of the 14th day treatment, the blood samples were withdrawn from the retro orbital sinus after fasting for 16 hours. After the withdrawal blood, all animals were sacrificed and their livers were isolated and washed with ice cold normal saline followed by with 0.1 M Tris-HCl buffer (pH 7.4) and stored. The blood

samples were subjected in to various experimental procedures to find its hepatoprotective activity based on earlier literatures.

Assessment of liver function parameters

At the end of the experimental period, animals were sacrificed by cervical decapitation under mild ketamine anesthesia, blood was collected and the serum was separated by centrifuging at 300 rpm for 10 min. The collected serum was used for the assay of marker enzymes. The serum glutamate oxaloacetate transaminase (SGOT) and serum glutamate pyruvate transaminase (SGPT) were estimated by the method of Reitman and Frankel.

Assessment of biochemical parameters

The biochemical parameters, such as total protein was estimated by the method of Gornall. The total cholesterol was estimated. The total bilirubin was estimated by Method of Malloy and Evelyn. Triglycerides were estimated by the method of Fossati and Lorenzo and urea concentration was determined by the method of Bousquet. Immediately after sacrificing the animal, the liver was excised from the animals, washed in ice-cold saline, and the weight of the liver was recorded.

RESULTS

Hepatoprotective activity

A gradual elevation of body weight and marked reduction of relative liver weight showed in below Table. 2. The high dose and low dose EEBT treated groups were compared to the standard drug silymarin and the results are significant (*P < 0.001 to **P < 0.01).

Table 2: Effect of EEBT on Body Weight in Paracetamol-induced mice

Gro up	Initial Body	Final Body	Liver Weight
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	Weight	Weight	
I	23.67±0.236	37.333±1.429	0.721±0.236
II	33.83±0.543	16.166±5.179*	1.522±0.524
III	28.00±0.837	16.166±7.231	1.033±0.463
IV	29.50±0.671	16.000±7.197	0.857±0.385**
V	31.83±0.910	22.333±7.214	1.188±0.398*

Liver Function test:

The values of serum liver biomarkers were shown in Table 3. In cirrhosis or necrosis condition there is a increased amounts of bio markers like SGOT, SGPT, ALP in the blood. Group V showed significant protection from liver damage by registering a lower level of biomarkers suggesting the hepatoprotective nature of EEBT. A marked elevation LDH was noted. SOD and Catalyse are key enzymes in free radical protection, increases significantly in the liver tissue of group II suggesting that products of free radical reactions are involved in pathogenesis. A significant decrease in Group IV and V shows that the hepatoprotective activity of Bauhinia tomentosa Linn. is comparable to Group III and the results are significant (*P < 0.001 to **P < 0.01).

Table 3: Effect of EEBT on activities of serum marker enzymes and LDH content in Paracetamol-induced mice expressed in (U/L).

GR OUP	SGOT	SGPT	ALP	LDH
I	334.5±45.87	61.17±19.92	299.37±54.57	2426±325.6
II	349.7±89.96	42.93±19.61	336.3±27.89	1808±325.6

III	271.3± 44.92*	34.93± 4.313* *	356.3± 35.41	3966± 682.9*
IV	186.9± 60.03* *	52.30± 22.27	325.9± 29.27*	1636± 65.86* *
V	160.4± 3.467* *	31.67± 2.00**	255.8± 79.96* *	4158± 698.5*

Table 4: Effect of EEBT on activities of Non enzymatic and enzymatic Antioxidant in Paracetamol-induced mice expressed in (U/L).

GR OU P	GPX	LPO	SOD	CATA LASE
I	0.102± 0.047	0.028 ±0.01 3	0.107± 0.047	0.114± 0.053
II	0.346± 0.155	0.049 ±0.02 0	0.346± 0.155	0.393± 0.160
III	0.044± 0.019	0.032 ±0.01 5	0.044± 0.019* *	0.174± 0.071*
IV	0.036± 0.017* *	0.038 ±0.01 7	0.036± 0.017* *	0.214± 0.088* *
V	0.040± 0.019* *	0.035 ±0.01 6*	0.147± 0.068*	0.166± 0.068* *

Antioxidant enzymes:

The quantity of anti oxidant enzymes, LPO and GPX were shown in Table 5. The level of glutathione peroxidase was reduced in Group IV and V but not as well as the standard drug. On the contrary, LPO levels were increased in Group IV and V reveal protect antihepato toxic activity like standard drug, Silymarin (*P< 0.001 to**P < 0.01).

Histopathological Examinations:

Histopathological discoveries uncovered that the organization of paracetamol brought about corruption of hepatocytes as well as testimony of fats in the tissues when contrasted and controls, yet the seriousness was diminished in those gatherings of creatures pretreated with 100 mg/kg of silymarin, 400 mg/kg and 200 mg/kg of the ethanolic concentrate of Bauhinia tomentosa Linn. This is a huge find in the assessment of hepatoprotective movement of Bauhinia tomentosa Linn.

The greater part of the medications are protected at restorative dosages however they produce deadly harm to liver in the event that it is gone too far or in long haul utilization. Liver is sole objective organ for all xenobiotics brings about liver corruption/cirrhosis. Therapeutic plants portrayed in customary restorative practices are had different pharmacological exercises including hepatoprotective movement.

The hepatoprotective action of restorative plants are the way through confuse different pathway components incorporates upgrade of cancer prevention agent protection systems (superoxide dismutase, catalase and glutathione peroxidase action), diminished lipid peroxidation, switched hepatic fibrosis by means of improvement of the declaration of network metalloproteinase and expulsion of collagen stores, with lessening of hepatic stellate cells activation^{33,34}. The records of conventional medication depicted the different organic properties of Bauhinia tomentosa Linn which started to think about its enemy of hepato poisonous action in contrast to paracetamol prompted hepatotoxicity in pale skinned person mice. Paracetamol, a natural non steroidal pain

relieving and antipyretic medication generally used to treat cold, fever and torment cause liver cirrhosis and rot at deadly portion. Hepatotoxicity with paracetamol is because of its exceptionally responsive metabolite, NAPQI. Expansion in NAPQI amount prompts glutathione consumption, which at long last causes a change in homeostasis, an expansion in the penetrability of the cell layer with a subsequent cell expanding, karyolysis, and vacuolization of hepatocytes and a rise of liver catalysts.

Evaluation of liver weight, levels of serum proteins, cancer prevention agent catalysts and histological investigations were finished to examine hepatoprotective properties of this plant³⁹. In the review, the lower portion and a high portion of ethanolic concentrate of *Bauhinia tomentosa* Linn EEBT was contrasted and the standard hepato defensive medication, Silymarin. The irregularity in the size of liver, levels of serum chemicals, scope of absolute protein and bilirubin are happens during hepatic harm brought about by deadly portion of acetaminophen⁴⁰. The water is held in the cytoplasm of hepatocytes prompting broadening of liver cells, bringing about expanded all out liver mass during the liver injury. An undeniable decrease in liver weight was noted in EEBT and silymarin treated gatherings. The strange expansion in the degrees of serum bilirubin was noted in hepatobiliary illness condition. Diminished serum bilirubin level in Gathering IV and V showed the counter hepato poisonous impact of the *Bauhinia tomentosa* Linn. Liver wounds incited by paracetamol is one of the most outstanding portrayed arrangement of xenobiotic-actuated hepatotoxicity and usually involved model for the screening of hepatoprotective

exercises of medications. As far as we could possibly know, interestingly we report that organization of BHEE improved paracetamol prompted intense liver injury in rodents, as confirmed by both histologic discoveries and biochemical discoveries. Comparative defensive impacts were likewise seen in rodents getting silymarin, which was utilized as a positive control, albeit the component of activity for these impacts may not be something very similar.

In the current review it was noticed that the organization of paracetamol diminished the degrees of all out protein, complete cholesterol, and fatty oils. These boundaries were kept up with at typical levels in the BHEE-treated creatures. BHEE treatment showed a security against the harmful impacts of paracetamol that might result from the obstruction with cytochrome P450, bringing about the obstacle of the development of hepatotoxic free extremists. The site-explicit oxidative harm in a few powerless amino acids of proteins is presently viewed as the significant reason for metabolic brokenness during pathogenesis. Achievement of close to ordinary degree of protein, cholesterol, and fatty oil levels in paracetamol-inebriated and BHEE-treated rodents affirms the hepatoprotective impact of the plant separate.

Conclusion

Grass and Feline are the main proteins in the enzymatic cancer prevention agent protection framework. The assessment of the degree of cancer prevention agent chemicals and the exhaustion of cancer prevention agent guards inside the cell, which brings about an awkwardness in the redox status of the hepatic cells, are likewise marks of liver capability. GPx and

LPO are markers for hepatotoxicity in the non-enzymatic protection framework. When contrasted with Gathering III, the concentrate treated bunches IV and V had essentially lower LPO action and a higher GPx level. Histological assessments of liver tissue affirmed the biochemical discoveries. The pathogenomonic hepatotoxicity element of paracetamol-inebriated mice, centrilobular rot, was essentially diminished in the siymarin and EEBT treated bunches in histological liver segments. EEBT essentially diminished the sores brought about by paracetamol, showing that it might make hostile to hepatotoxic impacts. Hence, the hepatoprotective idea of *Bauhinia tomentosa* Linn was exhibited by histopathological discoveries, supporting the prior biochemical discoveries.

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